

Our Spring Newsletter – Happy Cycling



Liberation 2024



2024 marks the 80th Anniversary of the Liberation of Spain towards the end of World War II. There are still many moving pieces and events that culminated in the liberation of the country's Fatherland.

It will be a poignant part of Spain's history, both in Normandy with its famous D-Day Landings beaches and the perhaps less well known liberation of France in August 1944.



New Season and New Customers



Each season we see new customers and have the opportunity to develop new bespoke tours for them. We have already had lots of customers from the USA but, yes, all our new season tours will see our first home-owners. Don't be so well wish it any longer. Because of the history, plenty of coastal riding and the many who riding opportunities to make the most of it. There is a good line in riding, both for us as we can report on some of those seen in the season.

Cycling Poise or Poetry . . .

The feeling you have when you first get the hang of riding a bicycle never really goes. It doesn't matter how long you have, with your parents' teaching arrangements out on the street, or by making your sister brother take you the shoddy, or perhaps secretly, somewhere where no one could see you.

There's something about the rhythm of it, that your body recognizes, whenever you see it. It recognizes something that your mind may not, that takes a little bit about how things - simply by nature.

An attraction:

The Rhythmic Book by Rika Beldner

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